sa ESPAI nau

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A PLACE TO CONNECT, CREATE AND SHARE

SA NAU ESPAI



For generations, this space has been part of our family history.
Today, transformed into a small retreat surrounded by nature, it retains a leisurely approach to life and hospitality. Nothing is rushed here. Nature sets the pace.
The serenity of the surroundings invites you to pause, breathe and enjoy the scenery.

It is from this approach to the space that Sa Nau Espai was conceived, a natural extension of our agritourism site: a versatile and contemporary space designed to host a variety of gatherings, such as wellness retreats, yoga sessions, mindfulness programmes and creative experiences.

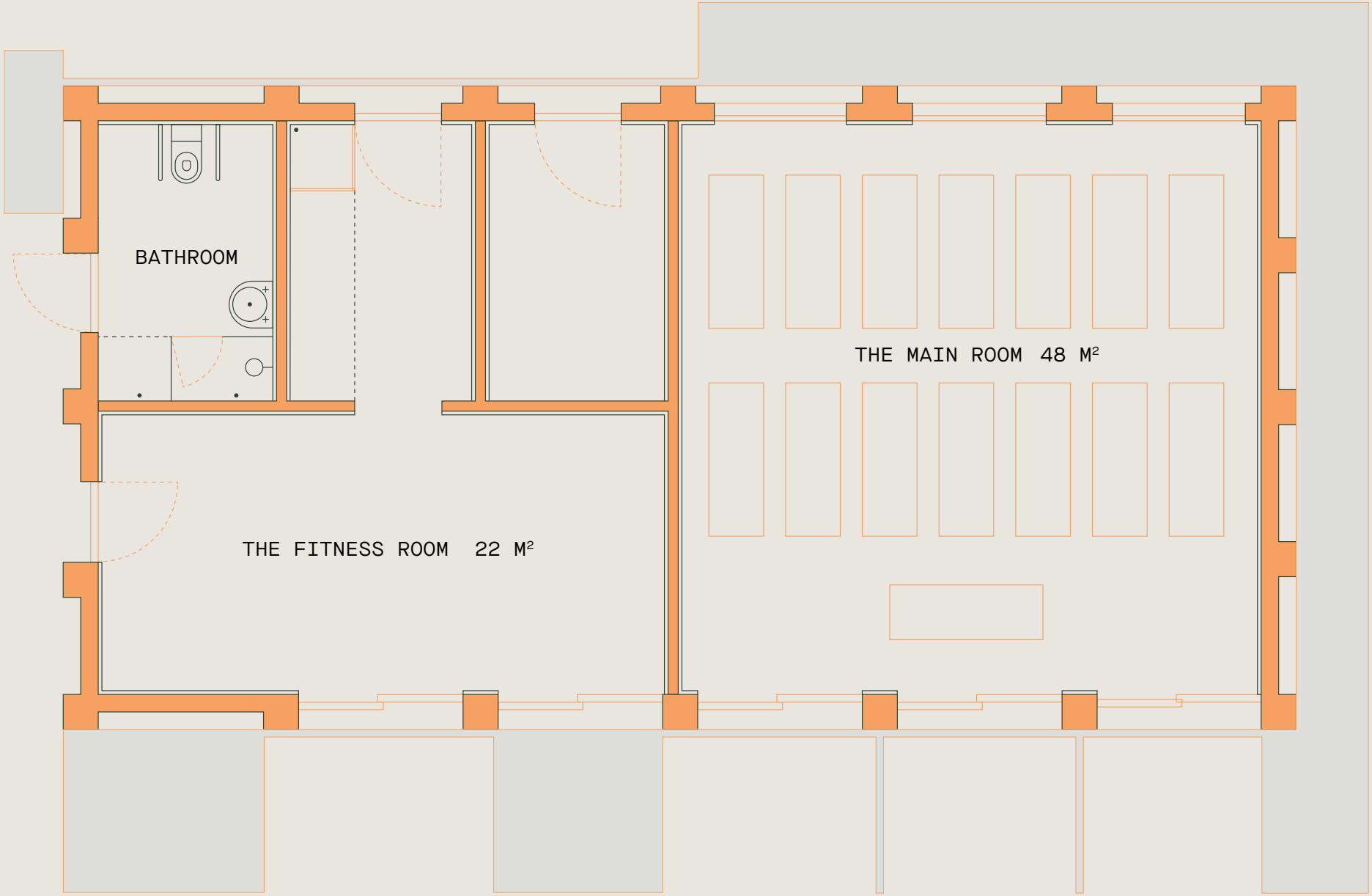
Its architecture, which opens out onto the landscape, and its prime location allow for indoor activities to be paired with the opportunities offered by the surrounding area: the sea, the coves with their crystal-clear waters, Portocolom, the cycle routes and Vall d'Or Golf.

A space for sharing and discovering, where every occasion finds its own rhythm.

At Sa Nau Agroturismo we have 16 apartments, spread between the main building and Sa Nau Casa, which can accommodate up to 48 people, combining the independence of each accommodation with the opportunity to share an experience together in the same place. The proximity between the accommodation and the facilities allows for comprehensive programmes to be organised without the need to travel, tailoring each day to the pace and needs of the group.

THE SPACE

Sa Nau Espai comprises two separate rooms and a bathroom with a shower, in a setting where natural light, the materials used and the connection with the outdoors are all part of the experience.



THE SPACE

THE MAIN ROOM
48 m²
15 PEOPLE

An open-plan space with lots of light, adaptable to different activities and layouts. Its spaciousness makes it suitable for yoga, meditation and mindfulness sessions for up to 15 people.



THE SPACE

THE FITNESS ROOM
22 m²

A gym equipped for individual training sessions or small groups of up to four people.



BATHROOM WITH SHOWER

Facilities that provide comfort before and after each activity.

THE SPACE

CONNECTION WITH THE OUTDOORS

The relationship with the outdoors and the surroundings of Sa Nau Agroturismo is an essential part of the Sa Nau Espai experience. Its floor-to-ceiling windows open directly onto one of the agritourism centre's three swimming pools and establish a visual connection with the landscape, integrating the outdoors into the architecture of the space.





OPTIONS

ONE SPACE, MANY WAYS TO EXPERIENCE IT

The flexibility of Sa Nau Espai allows you to offer different experiences within the same space. Here, the setting can be adapted to the needs of any activity, with the possibility of extending the experience beyond the space itself.

WELLBEING

YOGA, MEDITATION, MINDFULNESS, MOVEMENT SESSIONS

A peaceful setting with lots of natural light, designed for activities that encourage you to connect with your body and enjoy a break in close contact with nature.

This room is equipped with all the necessary equipment to accommodate groups of up to 15 people.

MOVEMENT

SPORTING ACTIVITIES, TRAINING SESSIONS

Sa Nau Agroturismo's location allows for a range of sporting activities to be incorporated into the experience, such as cycling, water sports, golf or hiking, and these can be combined with training sessions in the fitness room.

This approach enables you to alternate between indoor training and outdoor activities, making the most of the sporting opportunities offered by this part of Mallorca.

OPTIONS

RETREATS

RELAXATION, CONNECTION, NATURE AND MOVEMENT

The combination of Sa Nau Agroturismo and Sa Nau Espai makes it possible to organise multi-day retreats where wellbeing practices, physical activity, nature and relaxation are all part of the same stay.

The open-plan room can be transformed into a space for yoga, mindfulness and meditation sessions, or for talks and workshops.



ARCHITECTURE AND MATERIALITY

«WOOD, CLAY AND NATURAL FINISHES CHARACTERISE A SERENE ARCHITECTURE.»



ARCHITECTURE THAT ENGAGES WITH THE LANDSCAPE

Designed by the Feina architectural firm, Sa Nau Espai was conceived as a contemporary and functional space, respectful of the surroundings and the architectural identity of Mallorca.

Wood, clay and natural finishes characterise a serene architecture, where aesthetics and functionality are combined with respect for the landscape. The project connects with Sa Nau Agroturismo and with the island's identity through its materials, natural light and construction solutions.

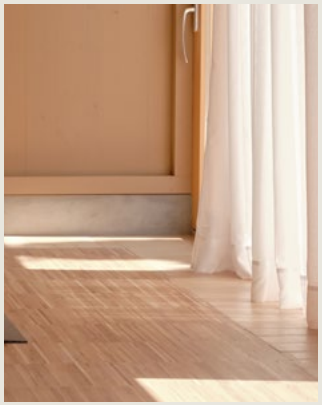
Wood predominates on the walls, ceilings and floors, treated with linseed oil-based paints and natural pigments. The wooden floors incorporate natural oils and waxes that enhance their breathability, whilst the tiled areas use locally sourced clay, produced just a few miles from the building.

These construction solutions help to reduce energy consumption and improve indoor comfort, integrating efficiency into the design.

The result is a space where materials, light and the landscape complement the activities that take place there.







BEYOND THE SPACE

THE PLEASURE OF EXPERIENCING EVERYTHING IN ONE PLACE

Sa Nau Espai combines the activity space with accommodation, allowing you to enjoy the entire Sa Nau Agroturismo site exclusively. The proximity of the facilities means you can organise programmes focusing on wellbeing, activity and relaxation all in one place.

The main building comprises 14 apartments for two or four people and three swimming pools. On the same estate, Sa Nau Casa houses two apartments, each accommodating four people, with a private swimming pool and exclusive outdoor areas. In total, we can accommodate up to **48 people**. All apartments **feature a fully equipped kitchen and a private terrace**.

Discover Mallorca in a way that combines shared experiences with time for relaxation and enjoying the surroundings.









RENTALS AND BOOKINGS

A SPACE TAILORED TO YOUR NEEDS

Sa Nau Espai is available to groups of at least **12 people** staying in the Sa Nau Agroturismo apartments, **with a minimum stay of 3 nights** in March, April, October and November, **and 4 nights** in June, July, August and September.

SPACES AND CAPACITIES

- Main room: 48 m^2 | 15 people
- Fitness room: 22 m^2 | 4 people
- Bathroom with shower: included in the rented space

YOGA ROOM | HEJHEJ EQUIPMENT

- 15 mats
- 15 blankets
- 15 bolsters
- 15 meditation cushions
- 15 belts
- 30 blocks

FITNESS ROOM

- Adjustable pulley machine (Dual Adjustable Pulley)
- Technogym exercise bike
- Balance equipment
- Workout bench
- BOSU
- 5 to 22 kg dumbbells
- Resistance bands
- Ropes

RENTALS AND BOOKINGS

ADDITIONAL SERVICES

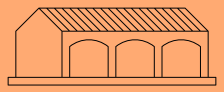
Depending on the nature and requirements of each activity, we can assess the incorporation of additional services, such as catering, subject to availability and budget.

TERMS OF USE

The booking terms, timetables, rules of use and any additional services will be provided before the rental is confirmed.

PROPOSALS AND QUOTES

Every project is different, which is why we draw up bespoke proposals to enjoy Sa Nau Espai in combination with Sa Nau Agroturismo, tailored to the needs of each experience. To receive your bespoke proposal and find out about rental rates, please contact us at info@sa-nau.com.



SA NAU ESPAI

A place where movement, creativity
and wellbeing come together.

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